



## **FBCB Mother's Day Out Parent Health and Safety Plans**

**Disclaimer: Administrators at First Baptist Church Bryan (FBCB) MDO are not health and safety experts. We cannot identify every possible scenario, but have done our best to provide an overview of the new requirements as we interpret them.**

The health and safety of your children, your families, and our staff is our top priority. Our endeavor is to do as much as we can to prevent the spread of any infectious diseases within our program. Please read through these policies and procedures carefully. We will follow the most recent guidelines added by our government officials to increase health and safety protocols.

We are taking into consideration the current trends of increasing/decreasing cases of COVID-19 in our area. We know that the number of children infected is low, and we want to keep it that way by limiting the risk of exposure to everyone within the center. While we are not requiring children to wear face coverings, consistent with the actions taken by many businesses across the state, older children and employees are required to wear cloth face coverings when in our program's facility.

No in-person program tours will be given during center hours until further notice.

**We will also have each family sign a disclosure statement that they will comply with our Health and Safety Plan.**

In order to maintain the healthiest environment at our program, it is vital that children and staff who display symptoms of illness remain at home. A health screening will take place daily before anyone is allowed to enter the program.

- Children with any of the following symptoms will not be allowed to attend:
  - \*Temperature of  $\geq 99.9$
  - \*Cough
  - \*Shortness of breath or difficulty Breathing
  - \*Chills
  - \*Repeated shaking with chills
  - \*Muscle pain
  - \*Headache
  - \*Sore Throat
  - \*Loss of taste or smell
  - \*Diarrhea
  - \*Known close contact with a person who is lab-confirmed to have COVID-19 or awaiting test results.
- While we know that some COVID-19 symptoms are similar to those of allergies or colds, we reserve the right to deny entrance to those we feel have some of the symptoms

which may create an unsafe/unsanitary environment for others at the school. This will also apply if any person(s) dropping off a child each day is showing symptoms.

- There is a minimum 72-hour exclusion rule for those that show symptoms and the center reserves the right to implement the exclusion rule up to 10 days.
- The center reserves the right to implement the 72-hour rule for children sent home with a fever. The child would also need to be fever-free for 72 hours without medication.
- We will require a doctor's note for anyone that visits their doctor for any of the symptoms to assure they are negative for COVID-19, and to be aware of what illness might be causing their symptoms.
- This will also be the same policy if a family member might have been sick and the child was around them.

#### **New Drop Off/Pickup Procedures:**

- **Sign-in/sign-out will take place at the MDO counter.**
- Families will be greeted in the atrium of the children's wing, just outside the MDO hallway, each morning. Please do not use other entrances. Both parents/guardian and child will receive a quick health screening that includes a temperature check and application of hand sanitizer. Parents/guardians will then escort the child to their classroom and then follow the one way hallway policy to the new exit door located towards the back of the hallway. We ask that only parents/guardians and child(ren) attending the program come into the hallway. We are also limiting the amount of families in the hallway at one time so you may be asked to wait until a family exits before entering the MDO hallway.
- **Please be patient with us as we adjust to this new routine. Manpower may be an issue at various times. If you arrive at the center outside of drop off/pick-up time, please call ahead and be prepared to wait a little longer for someone to be able to come to you at the door.**
- All children should arrive by 9:30 each morning. If you must arrive later than this, please call the office so that we can plan appropriately and meet you at the door.
- We recommend that you designate the same family member to drop off and pick up your child if at all possible. We encourage you to ask high-risk family members to avoid dropping off/picking up except in an emergency situation.
- At pick up, parent/guardian will receive a screening and application of hand sanitizer prior to entering the hallway.

#### **Health and Safety in the Classroom:**

- Children and staff will wash hands with soap and water upon arrival and frequently throughout the day.
- All frequently touched surfaces such as light switches, doorknobs, faucets, counters, tables, chairs, and toys will be disinfected throughout the day and after dismissal of the last student.

- An enhanced, thorough cleaning will be performed each afternoon in all areas of the center.
- Diaper bags & backpacks will remain outside of the classrooms with only essential items going into the classroom itself (inside gallon ziplock bag). Gallon-size ziplock bags will be provided at the check-in counter essential items. Essential items include: extra diapers, wipes, sippy cup or bottle, and a change of clothes if desired. Lunch boxes will be permitted in the classroom.
- We must limit what is brought into the center for sanitation reasons. For naptime, if desired, please send only one small blanket and travel sized pillow or napmat. Please follow guidelines in our Parent handbook regarding One year old and Baby classrooms items. **We WILL NOT have blankets for your child to borrow for naptime.** Please be mindful to regularly launder your child's sleeping items.
- We will be playing outside daily, weather permitting. We are encouraging as much playtime OUTSIDE as possible.

**Staff Health and Safety:**

- Staff will also undergo a health screening each day prior to reporting to work. Staff will be sent home if they exhibit any signs of illness.

**Illness During the Day:**

- If a child begins to exhibit symptoms of illness, we will isolate that child in a safe, secure and caring environment until he/she is picked up. Parents should pick up a sick child as quickly as possible, but within no more than 60 minutes of being notified. If your work makes this impossible, please make sure to have another designated person who can pick up your child.
- We will follow health and safety guidelines from the state and local public health authorities to determine when a return to the program is appropriate for both staff and children.

**Meal Preparation and Service:**

- All surfaces will be disinfected before any snacks or meal is served.
- All staff and children will wash hands before and immediately after snack or meals.
- Each child's meal will be served individually and sharing will be discouraged and prevented as much as possible.
- Please be sure to thoroughly label all lunch items including containers within the lunchbox.

**Communication:**

- If the current situation changes and it becomes necessary to update our procedures or close our program temporarily, families will be notified.